



Treasure Coast Letter Carrier NALC Branch 1690

Belle Glade, Clewiston, Ft Pierce, Jensen Beach, Jupiter, Lake Park, Okeechobee,
Pahokee, Palm Beach, Port St Lucie, Riviera Beach, Sebastian,
Stuart, Tequesta Vero Beach, West Palm Beach



In Your Corner
By
NALC Branch 1690
President
Veronica
Flores Osborne

May- June 2019

Branch Officers

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Larry Murdock
(561) 716-1619

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(772) 528-5900

Treasurer
Starr Hunter
(561) 818-3123

Health Benefits Rep.
Kevin Byrne
(772) 979-5899

Sergeant at Arms
Jim Osborne
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Trustees
Melanie Jasa
James Vickers
Nancy Zlomaniec

TCLC Editor
Veronica Flores Osborne

TCLC Assistant Editor
Larry Osborne

Food Drive Coordinators
Starr Hunter, South
Jessica Castro
Melanie Jasa, North
Mitch Mullin

Legislative Liaison & Website Engineer
Kevin Byrne

Holding Corp. President
Karen Barker
(561) 603-4782

Director of Retirees
Nancy Zlomaniec

MBA Representative
John Sheridan
(772) 631-4137

So much to share and to do ; So little space and little time.

It's been busy at the hall. Many members have been participating in many ways. The South Breakfast at the hall on April 4, 2019 was successful with 36 members. I'm hoping to see more faces as each Breakfast and as more events happen. As a reminder, this branch belongs to the members.

The Grievances sent to appeal in the West Palm Beach have been heard on a weekly basis at the Summit office. The other installations for appeals have been heard at their locations. The stewards have been doing a great job with settlements on discipline and contractual. At the hall, all grievances and settlements are read and signed off by President, Vice President and Secretary. We are trying to keep as much involved by the grievances and I have been making office visits. Sometimes in some offices more than others. The visits have been to do appeals, Labor/management meeting (if you have issues and if you wish to participate in the meeting please submit in writing in advance), Safety, Food Drive, or sit in with the stewards or just to find out any issues from the carriers.

I have come across 271g in progress. Please brush up your knowledge on route inspection by going to nalc.org. Don't let the inspector or inspection intimidate the daily functions you are held responsible to complete as a carrier.

I went to the Committee of President (COP) in March. Contract negotiations are to begin. The focus is CCA's, salary, benefits and all of the above as it has been before.

The postal service is trying new ideas out in the field. For example, "the caser, the street Carrier project". One carrier cases most of the tour while another only delivers. One of many ideas that has been tried or being retried.

What is important is to be involved in your branch, NALC news, and Legislative. These are the times we need everyone.

Food Drive is on May 11, 2019. T-shirts, bags, and cards have been distributed. We are doing stand ups and bringing (hopefully) motivation to collect and be successful on this Food Drive. As always, SAFETY First!!!

Bowl -A -Thon on May 19, 2019 at three locations. Come join us For MDA !!

In Solidarity,
Veronica Flores Osborne



Vice-President's Report

by Larry Murdock

I'm going to start this article talking about 3971's leave slips and how to fill one out when you come back from either using sick or annual leave, **PLEASE** fill the 3971 yourself and sign it. If you don't and sign the one your supervisor gives you you could be setting yourself up for LWOP or restricted leave which means you must have medical documentation for calling out also have your conformation number on your 3971 slip. Management has a list of codes and numbers that you as a carrier have no idea what you are going to ask for when you come back to work, Don't let management tell you what type of leave that you want. We had a number of stewards here at the office for some overtime training, hopefully it will help them in the future

Steward's we are only a phone call away if you need an answer or have questions. Thank you to all carriers who are now serving as shop stewards and also for those of you who have served in the past for without you the branch does not enforce the contract. Keep up the good work you do for the carriers and CCA's that out there.

Knowledge is power..

Larry

Attention Branch 1690

This will serve as notice of the
 Branch 1690 Delegates
 The 2019 State Convention will be held from Thursday,
 August 1st, 2019 to August 3, 2019
 at the Bay Front Hilton St. Petersburg.
 Delegates will have a required meeting. Please
 Attend after the South or North Rap session in May.

NALC Branch 1690 Stewards

<u>Belle Glade</u> - James Vickers	(561) 996-2528
<u>Clewiston</u> - Leonard Moore	(863) 983-9225
<u>Fort Pierce Midway</u> - Todd Bussard - Al Bradford	(772) 489-9114
<u>Orange Ave.</u> - Mitchell Mullin	(772) 460-0835
<u>Jensen Beach</u> - Nick Ferris	(772) 405-9091
<u>Jupiter</u> - Kevin Almario & Celeste Farrell	(561) 401-4025
<u>Tequesta</u> - Dave Roddin	(561) 741-7781
<u>Okeechobee</u> - Eveline Longoria	(863) 763-7639
<u>Pahokee</u> - Earl Ebanks	(561) 924-6298
<u>Palm Beach</u> - Charles McBride	(561) 832-8614
<u>Port St. Lucie West</u> - Brian Johnson - Mark George	(772) 344 - 5059
<u>Port St. Lucie Midport</u> - Richard Wilhelm	(772) 398-6706
<u>Sebastian</u> - Larry Murdock	(772) 589-4407
<u>Stuart Main</u> - Casey Salik	(772) 223-8782
<u>Stuart Annex</u> - Frank Graham	(772) 781-5188
<u>Vero Beach Main</u> - Mike Perrotta - Ben Zimei	(772) 778-8320
<u>Vero Downtown</u> - Jazzy Molina	(772) 567-5502
<u>Vero Citrus</u> - Tom Denault	(772) 562-4302
<u>West Palm Beach</u>	
<u>City Place</u> - Mayra Cajigas	(561) 832-0263
<u>Haverhill</u> - Linda Soto & Michelle Turnball	(772) 208-7832
<u>Palm Beach Gardens</u> - Trina Hamlin, Larry Osborne & Da Vida Peele	(561) 694-6728
<u>Palm Central</u> - Jose Yanes & Henry Willen	(561) 689-8190
<u>Palms West</u> - Gail Webster, Don Won Cooley	(561) 753-0449
<u>Riviera Beach</u> - Delvin Ramos & April Armstrong	(561) 530-1982
<u>Wellington Annex</u> - Barbara Raphael	(561) 791-2659

Treasurer's Report by *Starr Hunter*



Our branch is sound and secure financially and our books are maintained by the Trustees. Karen Barker is the president of the 1690 Holding Corporation and she maintains the building.

I have heard several complaints on our working locations so I want to share an article I have on OSHA Inspections. Basically, it is reporting issues of maintenance and repairs to be made at your facilities or hazards.

What is OSHA (Occupational Safety and Health Administration)?

Any employee has the right to file a complaint with OSHA about hazards and unsafe working conditions. If you do file a complaint please be sure to inform your union. There are timelines involved. When a complaint is filed they to come and do an inspection in your office. The union is involved in knowing the results, the violations that should be corrected. If not, the Postal Service must pay any citations, notices, and plans to abate the hazards. The union can ask for a

review of any decision to not issue a citation if there is a disagreement with results of an inspection. It is the union that contests it. The union must request (elect) party status in order to participate in the inspection. You have the right to file an OSHA complaint for your safety and health rights without fear of reprisal. You are protected under the OSHA and Health Act, Whistleblower protection laws, USPS policy in the Employee Labor Relations Manual (section 814.1) and the collective bargaining agreement. If you believed that you have been retaliated against because you file an OSHA complaint or any activity under the safety programs then contact your union steward. If you need additional assistance contact your Regional Coordinator or Regional Safety and Health Representative.

Not all facilities have issues of maintenance and safety but many do! So lets work together to alert the officers, information to be placed on the agenda for the Labor/management meetings or whatever it takes to correct the issues.

Thank you for all the efforts for the 27th Food Drive on May 11, 2019. The pounds collected in each office and results will be upcoming.

Be Blessed and Continue to be a Blessing

NANCY ZLOMANIEC

Trustee/ Director of Retiree

Retirement should be a good thing to look forward to but yet many carriers are afraid they won't be prepared financially. As the date to retirement gets closer there are ways to see what you may receive and at what age you would be eligible for retirement. Even if you are several years out you can determine if you might want to up your shares into TSP.

I will bring a bit more to this position other than managing the North breakfast with the established retirees already in place up there (Denny's). Hoping I will be able disseminate information on retirement subjects that weren't available to me when I had to rush through the process. In fact, there is a lot to be said about actual experience. It would be great to have past retirees share their advice on their experiences.

Personally, I don't like surprises and want to know what's going to happen next. How long does it take to get my first annuity check? When do I have to deal with the TSP account? When do I sign up for SSN? These are some questions that cross your mind as you head down this path. There are sites at NALC.org as well as going to the Post Office liteblue.usps.gov that will offer some answers.

Carriers from my old office have been reaching out to me due to the fact it's easier to talk to a familiar voice. They feel more comfortable at ease explaining their situations. Some of these issues can be confusing and I will offer my help to explain certain parts of the process. There are brochures covering all aspects retirements offered through NALC.

See you at the next north and south breakfast. The south breakfast had a great turnout back at the hall. See the photos.

I have set my clock so I won't forget this time.

Cell : 772-971-4815.

Email address: gontotadogz1@gmail.com.

You can contact the Union hall and leave your name and email at (561) 967-0240.



The Benefits of maintaining NALC membership in Retirement

By Patty Badini

Recording /Financial Secretary

There are many reasons that a Letter Carrier should consider retaining their membership with the National Association of Letter Carriers (NALC) upon retirement. There are also many reasons why a branch should encourage retirees to maintain their membership. Retired members play an important role in our legislative and NALC government activities as well as provide insight into the history and the traditions of both the letter carrier craft and the NALC. It costs very little to maintain membership. One of the benefits of being a member of the NALC is a free accidental death policy provided by the NALC's Mutual Benefit Association at no charge. There is also assistance available from the NALC Retirement Department, if needed, for solving problems with the Office of Personnel Management. Unlike many other unions across the country, retired NALC Members enjoy continued participation at the branch, state and national levels with only minor limitations. They can vote in NALC elections, on motions at branch meetings and also hold office. As a member, a retiree continues to receive the Postal Record magazine which can keep a retiree informed of the important and current retirement-related legislative proposals. Retaining membership also allows the option of the NALC Health Benefit plan. Participation of retired members is important to the NALC on every level. Former Director of Retirees once wrote "Our retirees provide a conduit for the history and traditions of the letter carrier craft and NALC to new generations of letter carriers. In legislative battles key to the financial well-being of active as well as retired employees, there is strength in numbers, and the ranks of the NALC are larger by about 90,000 retired members. Many retired members hold elected office at all levels of the NALC, bringing valuable experience to the representation arena." Additionally, retirees are free of the restrictions of the Hatch Act, which was enacted in 1939. The Hatch Act, although reformed somewhat in 1993, is a gag order that puts restrictions on active Letter Carriers political activities. In order to retain membership, the NALC must receive a signed NALC Form 1189, which authorizes OPM to deduct NALC dues from retirees' pensions. A blank Form 1189 is sent automatically by the NALC Membership Department to retiring NALC members. It is also available on request from your branch or national business agent.

Sergeant at Arms
By James Osborne

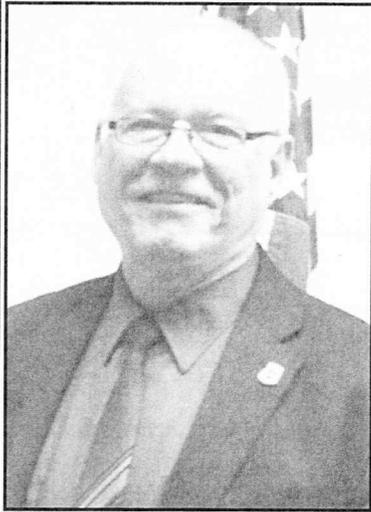


Smile when you wait on last instructions

Every day until your last punch to retire you will have the same question and the same battle. When management comes around to tell you, "how wrong your estimate on a 3996". Management will push every nerve and patience you may ever have. Management will only look one direction of what is being delivered. Management doesn't take account for the full coverage, accountable, spurs, PACKAGES and the details involved to perform each function now as carriers are held to be completed. I need to take a moment of these new details not considered for time. Here's a few: making clock rings for each time other than begin tour, move to street, move to office, end tour, MSP scan, load feature (loading the parcels and scanning each one; just to hear the scanner say "Package not found"), scanning each parcels at pick up, scanning each accountable at location, scanning flats and or letters at arrival of address at delivery address, scanning left notice with the correct message, scanning package at the exact delivery and what about hearing the scanner beep continuously since management is sending a text message on the scanner. The message will be to meet or come back to the office to pick up more packages that came late or worse weren't ready since there isn't enough clerk staff to have it ready before you leave to the street. So back to doing what carriers are hired to do: Deliver the mail. The mail that is out of order or upside down or not even for your route or forwards that should have been forwarded plus the other duties. Then there's the unpredictable delays. Oh! Don't forget the service we do for those who actually pay us ... the Customer. You know the reason "Customer Connect" has benefit the business.

Be Safe, Consistent, Accurate! The 3996 and 1571 places management responsible for their decision so write it up including everything it takes to do your route. Then put an educated, most experience estimate time needed over 8 hours. When management denies your amount then FOLLOW the last instruction. Smile and ask when do you want my end tour? **It's their responsibility to manage; Don't deny them of them doing their job.**

See ya at the meeting third (3rd) Wednesday of each month at 7:30 p.m. ...Jim Osborne



Health Benefit Report Branch 1690

(reprinted from this month's Postal Record) By Kevin Byrne

If you are a member of the NALC Health Benefit Plan, you should take advantage of the technical tools that are available to all members. At nalchbp.org you can establish a Personal Health Record on line. There you can create and update records of medications, immunizations, allergies, medical conditions, physicians and emergency contacts. Your personal health information is stored in a single safe, password-protected place accessible only by you or your designated personal representative. Simply go to our home page at nalchbp.org and refer to the top right corner where you can register and sign in to your account. The PHR is easy to navigate, so you can update information at your convenience. The "Blue Button" feature on the PHR home page allows you to access and download your information into a simple text file that can be read, printed or stored on any computer. Electronic Health Record Once registered on our secure website, you may view your claim history, get real-time deductible and out-of-pocket amounts, as well as print copies of your EOB safely and conveniently at your home or on the go.

CVS and Minute Clinic at your fingertips

Enjoy the convenience of accessing a CVS Pharmacy or locate a MinuteClinic® on your smartphone or mobile device. Go to the iTunes store on your Apple device or Google Play on your Android operating system and download the app. You can also visit the CVS Caremark® mobile

site at cvs.com to "open" your CVS Pharmacy anytime, anywhere.

CVS Pharmacy (m.cvs.com):

- Find a store in a click using your phone's GPS
- See services and view hours
- Refill and transfer prescriptions quickly
- Locate a nearby clinic in a click
- Access your prescription history
- Check your CVS.com and ExtraCare accounts MinuteClinic® (m.minuteclinic.com):
- See services and view hours
- Locate a nearby clinic in a click

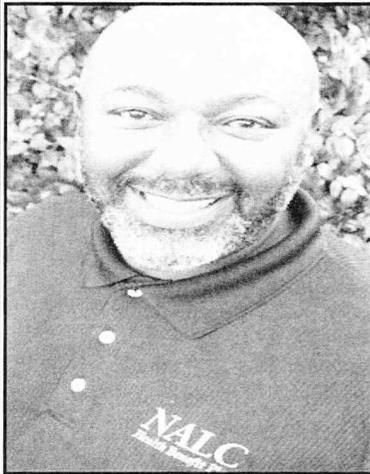
State Legislative Liaison, FSALC, Letter Carrier Congressional Liaison, District 18 Report

What's at stake for you! By Kevin Byrne

The following proposals are being pushed by the current administration:

- 1.) Raise federal employees' pension contributions between 6 and 7.25% of pay over the next six years, costing active carriers up to \$3,600 - \$4,300 per year!
That's your money!
- 2.) Eliminating cost-of-living adjustments (COLAs) for ***current and future*** retirees under the Federal Employees Retirement System (FERS). The average FERS annuitant would lose:
\$23,430 over 10 years
\$99,471 over 20 years
\$246,185 over 30 years
That's your money!
- 3.) Reducing COLAs for the Civil Service Retirement System (CSRS) annuitants by one half of 1 per cent (that is, 0.5 percent) each year. The average CSRS annuitant would lose:
\$12,598 over 10 years
\$60,576 over 20 years
\$169,874 over 30 years
That's your money!
- 4.) Elimination of the Social Security supplement for FERS employees who retire before 62. If the supplement is eliminated through legislation, here is what you would lose if you retired at age 57 with 30 years of career federal/postal service:
From age 57-62 (five years) you will lose \$1,100 a month
\$1,100 x 12 months = \$13,200 a year
\$13,200 x 5 years = \$66,000 of retirement
That's your money!
- 5.) Slashing the rate of interest paid on assets invested in the Thrift Saving Plan Government Securities Fund (G Fund), costing active and retired letter carriers alike \$32 billion over 10 years.
That's your retirement!
- 6.) \$46 ***billion*** in vaguely defined cuts and revenues changes to the Postal Service, most likely through reducing the frequency of delivery (eliminating Saturday delivery) and scaling back door delivery.
That's Your Route and Your Job!

These threats can only be challenged by having friends in Congress! Please consider giving to the Letter Carrier Political Fund! Call me or email me to sign up! Kevinjbyrne54@gmail.com



By Larry Osborne
Palm Beach Garden, Shop Steward
Formal A, Branch 1690

City Carrier Assistants Corner

Questions that CCA's may have and Answers from
M-01833

Can CCAs be required to remain on "stand-by" or remain at home for a call-in on days they are not scheduled to work? NO

May CCAs be permanently reassigned from one post office installation to another during their appointment?

Yes, provided the employee's current appointment is being voluntarily terminated. To avoid a break in service a permanent reassignment to a different installation must be effective on the first day of a pay period. (Note: All city offices in West Palm Beach are considered to be in the same installation.)

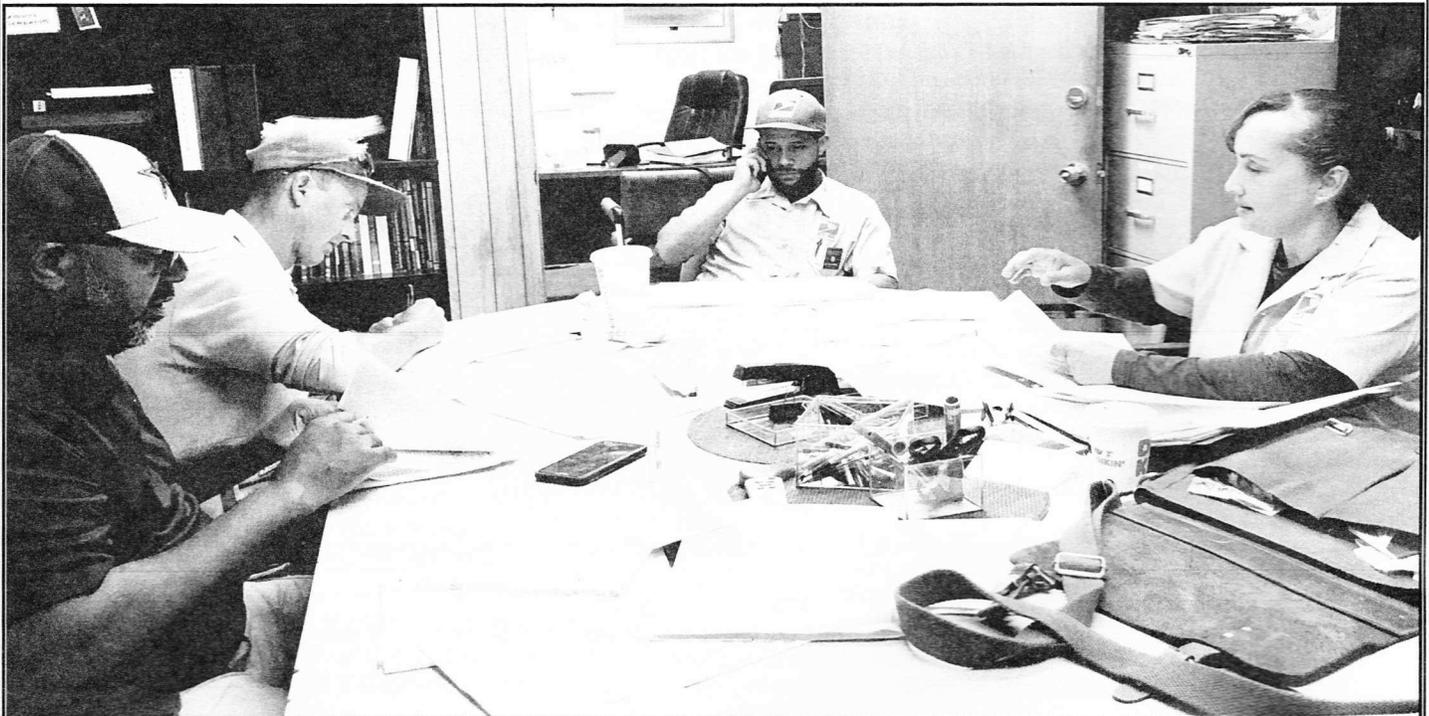
Is there a "lock-in" period that a CCA must meet before being reassigned to another installation? **There is no lock-in period a CCA must satisfy before becoming eligible to reassign to another installation. Eligibility to move between installations is generally intended to address situations where an individual CCA would like to be reassigned to another installation for personal reasons and there is an agreement between the "losing" and "gaining" installation heads.**

After a CCA becomes a career employee does he/she serve a lock-in period for transfers as defined by the Memorandum of Understanding, Re: Transfers? **Yes.**

May CCAs carry over leave from one appointment to another?

No. Currently any accrued annual leave is paid out at the end of a 360-day term. However, the national parties will explore appropriate options regarding current policies for paying terminal leave to CCAs.

All Questions will remain anonymous! If you have any questions that you would like answered, please send your questions to: Larryosborne1690@gmail.com



Strength with Knowledge... Stewards working on April 9, 2019 at Branch 1690 Hall.

Breaking Down Postings and Conversions **Knowledge Corner**

Questions come up “When will I make regular?” or “How Long does it take to become a regular?”

In short, the conversion rates depend on the size of the Postal installation and the attrition rates of both career City Letter Carriers and City Letter Carrier Assistants. In this article, lets go over the USPS contractual requirements and what should be happening to protect our rights.

What are the Posting requirements of the National Agreement?

Each time a regular carrier with a full-time assignment retires, transfers, and /or otherwise leaves the Postal service, management is required to post that assignment for bid.

How long does management have to post a route for bid?

Article 41.1.A.1 of the National Agreement states, in relevant part, “a vacant or newly established duty assignment...shall be posted within 14 calendar days..” The full time assignment shall remain posted for 10 days, unless a different length for the posting period is established by the local agreement (Art 41.1.B.3). Within 10– days of the closing date of the posting, the employer shall post a notice indicating the “successful bidder”, seniority date and number (Art 41.1.1C.2). The successful bidder must be placed in the new assignment within 15 days, except in the month of December (Art. 41.1.C.3). The total bid cycle from the vacancy of the assignment to the placement of the successful bidder in his or her new assignment is within 49 days.

What happens if there are no successful bidders?

If there are no successful bidders from a given posting, the assignment becomes a residual vacancy. If management has a “qualified unassigned” full time regular carriers, then Article 41.1.A.7 kicks in and the “preference bidding” process by seniority, or inverse seniority if no one submits a preference bid be on the residual vacant full time assignment (s). If there are no “qualified unassigned regulars” or “Part time Flexibles (PTF’s)” in that installation, that is when the contract calls for conversions of City Carrier Assistants (CCA’s) to full time regular status with the highest relative standing.

The Contract also considers transfers pending from career employees at the time the residual vacancy became available. However, transfer requests are subject to Article 12 and the Transfer Memorandum , which limits the ratios accepted to one (1) out of four (4) in 200 work year office and one (1) out of six (6) transfers accepted for smaller offices to CCA conversions. All conversion opportunities are processed in accordance with the Memorandum on “Full time regular opportunities— City Letter Carrier Craft,” which is found on pages 159-162 of the 2016—2019 National Agreement.

In regards to CCA conversions, the MEMO states they will take place no later than the first day (Saturday) of the third full pay period after either the date of the full time regular opportunity becomes available, or the employees’ request for transfer is denied, or the date that the employee rejects the offer.

Monitoring the route BIDS

Who is responsible for monitoring the route bid postings and award notices in your office?

U –N– I-on. This is not just the stewards but its all of us. Collectively, we must:

-Watch the posting

- Watch the residual
- Watch that management is not dragging their feet to do their part.
- Be vigilant and be strong together for each other.

We are all affected by these types of violations. So speak up, be involved, be aware, and protect our rights!



LETTER CARRIERS'
FOOD DRIVE
 SAT., MAY 11, 2019

PUT YOUR NON-PERISHABLE DONATION IN A BAG BY YOUR MAILBOX.
 WE'LL DELIVER IT TO A LOCAL FOOD BANK.

National Partners



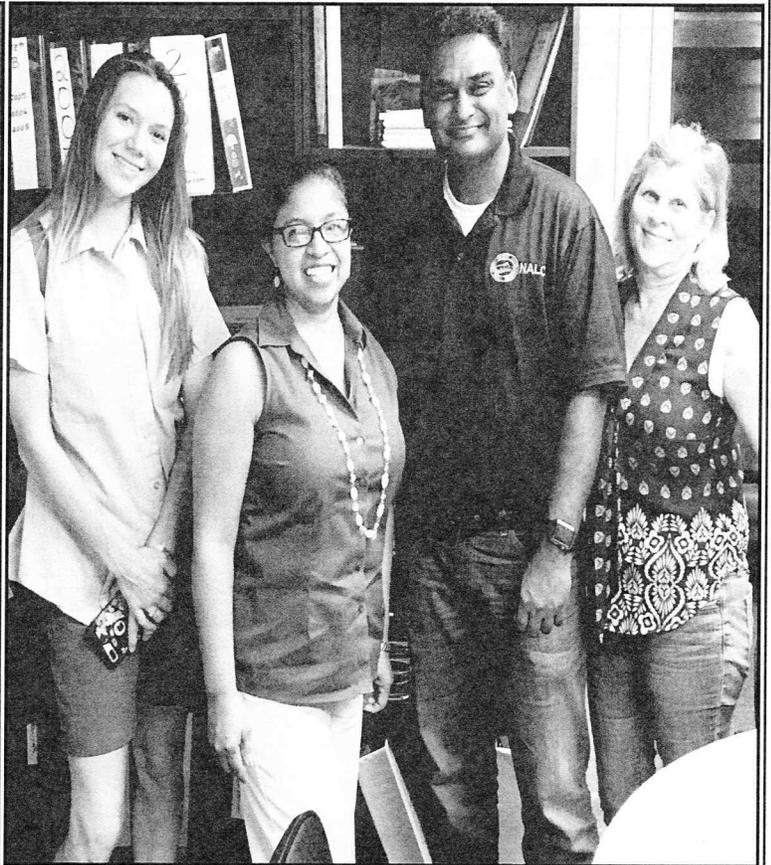
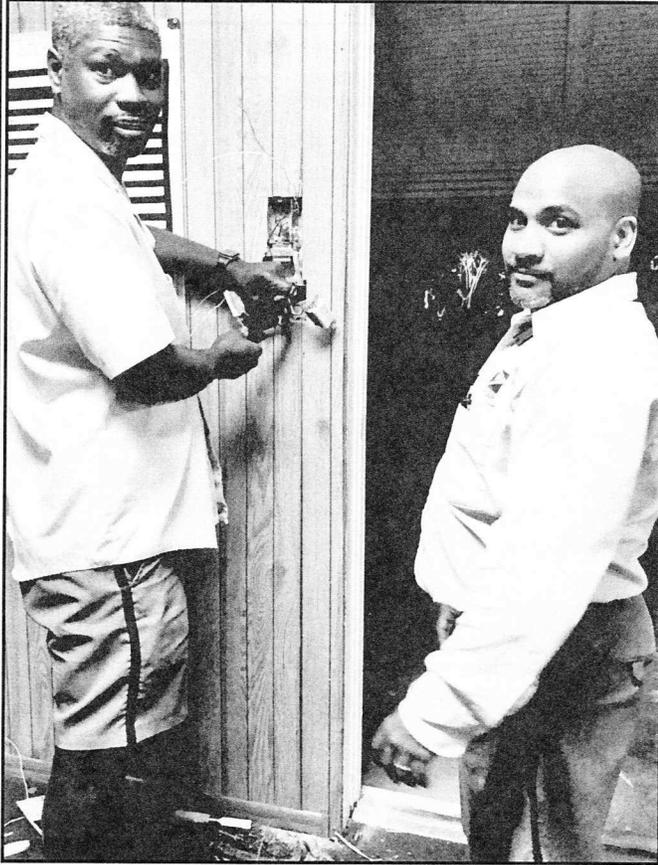


South and North Food Drive committee of Branch 1690 and Food Banks and Food Pantry Representatives



North Food Drive committee Shop Stewards and USPS Postmasters. ALL in for the Food Drive.

Treasure Coast Letter Carrier



Oneill Ferguson and Nelson Urena (with assistance of Larry Osborne and Jessica Castro) after work to install Locks and the "Ring" at the branch hall.
Ummm, do you have the orange or black wire?
Just joking!!!

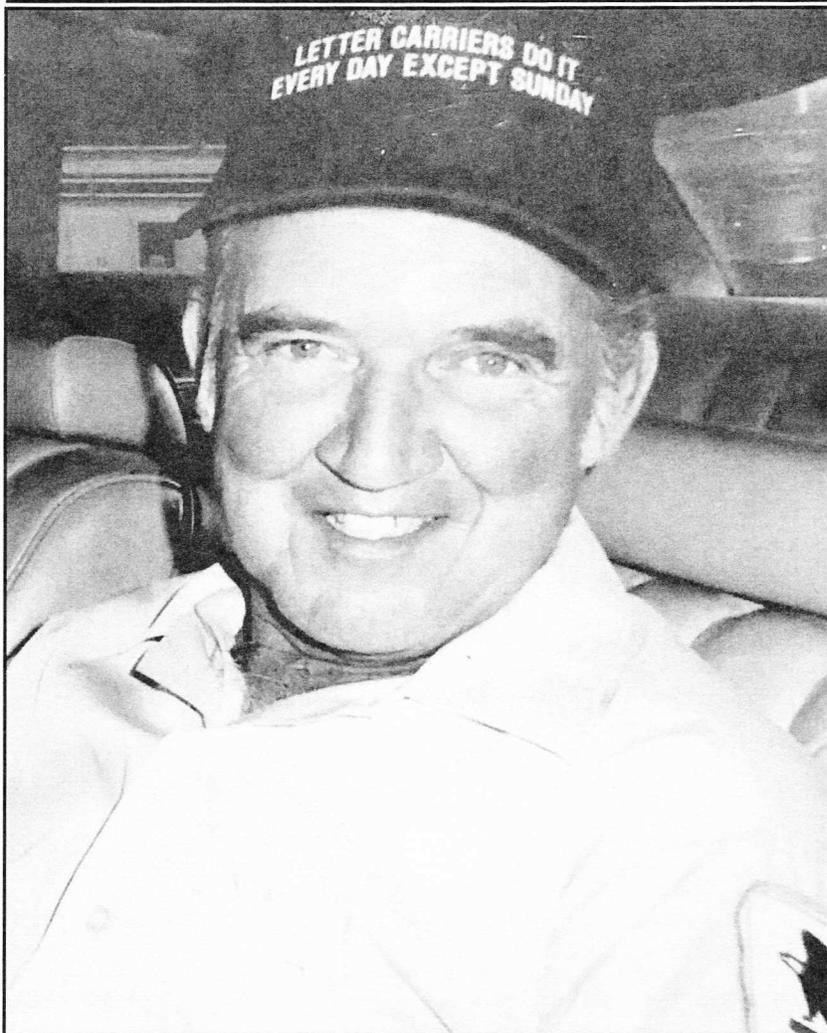
(left—right) Brittany Hart Palm Beach Gardens Carrier
Veronica Flores Osborne, Br. 1690 President
Anthony Ali, RA Region 9/ Representative for Arbitration
Trina Hamlin Carrier, Shop Steward of Palm Beach Gardens
And a Formal A representative of Branch 1690.



Welcome back home to Branch 1690 South Breakfast. Great food, Great company and great time.
Thanks for all who participated and to the cooks and organizers ; Jay and Lisa Maxwell. See y'all each month!!

In Memoriam

Dottie Will
Albert Pastrana



Clinton R. ("Hank") Bostick, 88. Born August 1, 1930 in Detroit, MI went home to be with our Lord on February 3, 2019. Clint served with U.S. Postal Service delivering the mail from 1959/MI to retiring in 1989/FL North Palm Beach & Palm Beach Gardens—NALC Branch 1690.

He moved to KS in 2004 to be near family. Clint not only was an All-City track star at Mackenzie High School in Detroit, he sang in the Boys Ensemble, Glee Club, and mixed chorus where he met the love of his life, Bobbie Jean Gambrall, married 64 years before her passing in 2016.

His entertainment/singing career blossomed from high school stage to radio and television, singing baritone with the Spellbinders at WJIR in Detroit and in New York City as backup singers for Judy Garland, Nat "King" Cole, Perry Como, Tony Bennett, Vic Damone, and Patti Page (Spellbinders were known as the "Page Five Singers" on Patti's show). The Spellbinders (1951-1957) were part of the USO troupe sent to entertain the troops in Korea and Japan in 1954.

He joined SPEBSOSA, AKA Barbershop Harmony Society, singing baritone with the Auto Towners—the Barbershop Harmony Society's 1966 International Quartet Champion. He was featured in the Palm Beach Post/ Times when he turned 50 years old since us children, grandchildren, and Mom had put "Happy Five-oh!" stickers on his patron's mailboxes (each patron gave permission prior and kept it a secret, they loved their mailman). It was a fun surprise. Clinton R. (Hank) Bostick will be missed terribly!

I want to Thank his family for sharing this beautiful human being. We have been lucky to know him.

Bowl -A -Thon

When: MAY 19, 2019

Sunday

Fund raiser for :

Muscular Dystrophy
Association

Three Locations!!!

Where:

Stuart Lanes Time: 12:00-3:00 p.m.
1638 SE Federal Highway, Stuart

St Lucie Lanes Time: 3:00 -5:00 p.m.
6759 S Us Highway 1, Port St Lucie

Vero Beach Lanes Time:12:00 - 3:00 p.m.
929 14th Lane, Vero Beach

Cost: \$15.00 per person includes shoes &
bowling per sessions

Raffles Door Prize 50/50 at each Location after
bowling.

Bring family, friends, co-workers....Everyone !

Call (561) 967-0240 any questions



Treasure Coast Letter Carrier



Welcome to Branch 1690

New Members:

Jose Melendez-Alyso	Brian Jackson
Brandon Henry	Nathalie Loussaint
Ashuna Scott	Maxo Celidor
Luis Roman	Juan Sepulveda
Sean Buchanan	Kassie Beal
Vernon Stripling	Blanche Powell
Elizabeth Cronin	Alicia Murphy
Midly Ulysse	C. Moin
Steven Campbell	
Shivanand Darsansingh	



Last Punch from Palms West Annex Thanks & Enjoy!
Jose Maury

Congratulation to Retirement!
Jose Maury Palm West
Nancy Walsh Jupiter

My apology if your name was misspelled or Not added in this newsletter.



Orientation at Merritt Island for the new CCA's assigned to Vero Beach. Welcome to Branch 1690 and Good Luck.

Above: (not listed as in picture) Bradley McGuire, Daniel Rial, Debora Encarcion, Bernadette Myers, Genesis Molina,

"Mary Lou Jackman-William Corbeau"

Scholarship Application

(Please do not reduce the size of this application)

Name of Student: _____

Male/Female (circle one)

Address: (print legibly)

City, State , Zip: _____

Contact Phone Number: Cell _____ Home _____

NALC Branch Name/Number: _____

Branch Contact Phone Number: _____

NALC Member's Name :(print legibly) _____

I certify the above named member of the FSALC is in good standing .

_____ Date: _____

Signature of Local Branch President or Secretary

To Qualify, the following requirements must be met: The Student must have graduated from an accredited high school or have a GED. The Student must be a dependent of a member or the spouse of a deceased member of he FSALC who has not remarried. Applicant must enroll as a full-time student in an accredited college or university, and submit proof of enrollment to receive the funds if awarded

(DO NOT SUBMIT PROOF OF ENROLLMENT AT THIS TIME)

Applications must be postmarked on or before July 1, 2019

This scholarship award is based on a random drawing, not on academic records or qualifications. There will be four scholarships awarded—two for female and two for male—each in the amount of \$2000. This drawing will be held during the FSALC 75th Biennial Convention, August 1-3, 2019

(Please do not reduce the size of this application)

Return all applications to:

Joseph A. Henschen, FSALC Director of Education

C/O BBranch 1477

5369 Park Blvd.

Pinellas Park, Florida 33781

UPCOMING EVENTS
May 2019

- May 2.....South Retiree Breakfast
- May 8.....South Rap Session
- May 9.....North Rap Session (PSL)
- May 11.....Stamp Hunger Food Drive
- May 12.....Mother's Day
- May 14.....North Retiree Breakfast
- May 15.....Branch Meeting
- May 30.....Okeechobee Retiree Breakfast

Do you want to meet for Breakfast?

North or South Breakfast call (561) 967-0240
or **Lallo** @ (631) 806-3921 - Okeechobee Breakfast

UPCOMING EVENTS
June 2019

- June 11.....North Retiree Breakfast
- June 12.....South Rap Session (WPB)
- June 13.....North Rap Session (PSL)
- June 16.....South Retiree Breakfast
- June 17.....Father's Day
- June 19.....Branch Meeting
- June 27.....Okeechobee Retiree Breakfast

Address Corrections and Name Changes

Must be reported to the Branch union hall

ASAP!!!!

561-967-0240



Make the Call!

Heloisa Aguiar, LMHC
EAP Clinician

1-800-EAP-4YOU
(1-800-327-4968)
TTY: 1-877-492-7341

www.EAP4YOU.com

3200 Summit Blvd, Room 123
PO Box 163562
West Palm Beach, FL 33416-3562
954-527-6981 tel
HGAguiar@MagellanHealth.com

RETIRES BREAKFAST

First Thursday of the month
Branch 1690 Hall
1840 Alice Ave
West Palm Beach
9:30AM

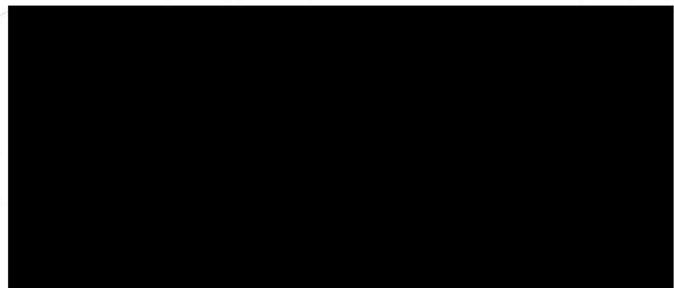
Last Thursday of the Month
Gladys' Restaurant
511 SW Park St.
Okeechobee
8:00AM

Second Tuesday of the month
Denny's Restaurant
100 Kings Hwy
Ft Pierce
9:00AM

Any Branch 1690 Retiree or member interested in meeting for coffee and breakfast
Hope to see you there!

NONPROFIT ORG.
US POSTAGE
PAID
WEST PALM BCH FL
PERMIT NO. 2751

ADDRESS SERVICE REQUESTED



\$\$\$\$\$\$50.00 Bounty Paid to any Member...

**...that convinces a Non UNION MEMBER to JOIN the
*National Association of Letters Carriers of Branch 1690.***

Member must sign a Form 1187 for the Bounty to be paid.

**BRANCH MEETINGS ARE HELD ON
THE 3RD WEDNESDAY OF THE
MONTH AT THE
UNION HALL**

HOPE TO SEE YOU THERE!

Don't forget that the Union Hall at 1840 Alice Ave. is available for rent.

**Parties, Showers, Graduations.
Contact the Holding Corp. at (561) 967-0240
or Karen Barker @ (561) 603-4782**

Members only Benefit

**National Association of
Letter Carriers**

Merged Branch 1690

1840 Alice Ave.
West Palm Beach, FL 33406

Phone (561) 967-0240

Fax (561) 963-9181

E-mail us at
nalc1690@comcast.net

Website:nalc1690.com

ADDRESS SERVICE REQUESTED

The Treasure Coast Letter Carrier is a bi-monthly publication of NALC Branch 1690. Articles appearing in this publication reflect the author's opinion only and are not necessarily the opinion of Branch 1690. All members are invited to contribute articles for publication. Articles must be submitted at least 10 days prior to publication deadline for consideration. Deadline for submissions is the 2nd Wednesday of the month. The editor reserves the right to edit all articles submitted and determine what will be printed for the good of the Branch.