

Hey City Carrier Assistant!

Are you skipping your 10 min. breaks and 30 min. Lunch?

This is what you are paying back the Post Office:
Based on CCA pay -AA making \$18.29 per hour

One 10 min. break:	\$3.05
Two 10 min. breaks:	\$6.10
Lunch break (30 min.):	\$9.15
Both 10 min. breaks and 30 min. Lunch:	\$15.25
Both breaks and Lunch (weekly):	\$76.25
Breaks and Lunch (monthly):	\$305.00
Breaks and Lunch (yearly):	\$3660.00
Breaks and Lunch (for 25 years):	\$91,500.00

This is what you cheat yourself out of by not taking your contractually negotiated breaks and lunch.

After seeing this, how can you NOT take your two 10 min. breaks and 30 min. lunch?